

# TAKE A MOMENT TO CHECK IN: 4 SIMPLE QUESTIONS THAT MATTER

Monitoring changes in Parkinson's disease is essential. This quick self-assessment can help you or your loved one understand what you may be experiencing. Answer these 4 questions and share your responses with your doctor to ensure you're staying on top of your care. If you are responding for your loved one, answer the questions from their perspective.

## COMPLETE THIS SCREENER AND BRING IT WITH YOU TO YOUR NEXT APPOINTMENT

**Question 1: In the past month, have you misinterpreted something that you saw or heard; for example, thought a lamp was a person?**

Yes.

No.

Not now, but I have experienced this before

**Question 2: In the past month, have you sensed that someone or something was around you, but nothing was actually there?**

Yes.

No.

Not now, but I have experienced this before

**Question 3: In the past month, have you \_\_\_seen, \_\_\_heard, \_\_\_smelled, or \_\_\_physically felt things that you or other people around you did not think were real?**

Yes.

No.

Not now, but I have experienced this before

**Question 4: In the past month, have you had thoughts or believed things that others did not think or believe to be true; for example, someone was cheating or harming you, or being unfaithful to you?**

Yes.

No.

Not now, but I have experienced this before

**Who completed this?** \_\_\_ Patient in person \_\_\_ Caregiver in person \_\_\_ Patient via telemedicine \_\_\_ Caregiver via telemedicine

# **DISCUSSING PARKINSON'S-RELATED HALLUCINATIONS AND DELUSIONS WITH YOUR DOCTOR**

If you or the person you care for is experiencing hallucinations or delusions associated with Parkinson's disease, you're not alone. Over the course of their disease, about 50% of people living with Parkinson's may see things that aren't there or believe things that aren't true.

**HERE ARE A FEW QUESTIONS TO DISCUSS AT YOUR NEXT APPOINTMENT AFTER YOU OR A LOVED ONE HAS EXPERIENCED HALLUCINATIONS OR DELUSIONS:**

1. **Do Parkinson's-related hallucinations and delusions get worse over time?**
2. **At what point do you recommend starting treatment for hallucinations and delusions?**
3. **What treatment options are available to manage the hallucinations and delusions related to Parkinson's disease?**
4. **Does treating hallucinations and delusions affect how motor symptoms are treated?**